

COVID-19 WEEKLY UPDATE

Thurston County



Time Period Covered: March 11, 2020 – May 9, 2021

Background

COVID-19 is an illness caused by the SARS-CoV-2 virus first identified in December 2019. Infection with the virus can cause severe illness and death. Treatment is largely supportive although in specific cases steroids, remdesivir an antiviral agent, and antibody therapy may have benefit. Mitigation measures including avoiding large gatherings, wearing masks in public spaces, maintaining a distance of 6 feet or more from non-household members, staying home when sick, respiratory etiquette, and hand hygiene have been helpful in slowing the spread of this disease. Immunity among those who have had COVID-19 is not yet understood. Three vaccines have been approved for use in the United States with several more in clinical trials.

Summary

The first person diagnosed (confirmed) with COVID-19 was reported for Thurston County on 3/11/2020. A person is diagnosed with COVID-19 if they have tested positive for the illness.

- As of 05/09/2021, a total of 9,228 Thurston County residents had been diagnosed with COVID-19 and 86 residents had died from health issues related to COVID-19.
- Among county residents who were ever hospitalized and whose underlying condition were known, 75% had an underlying condition. Among the 86 county residents who died from COVID-19 whose underlying condition status is known, 100% had an underlying condition.

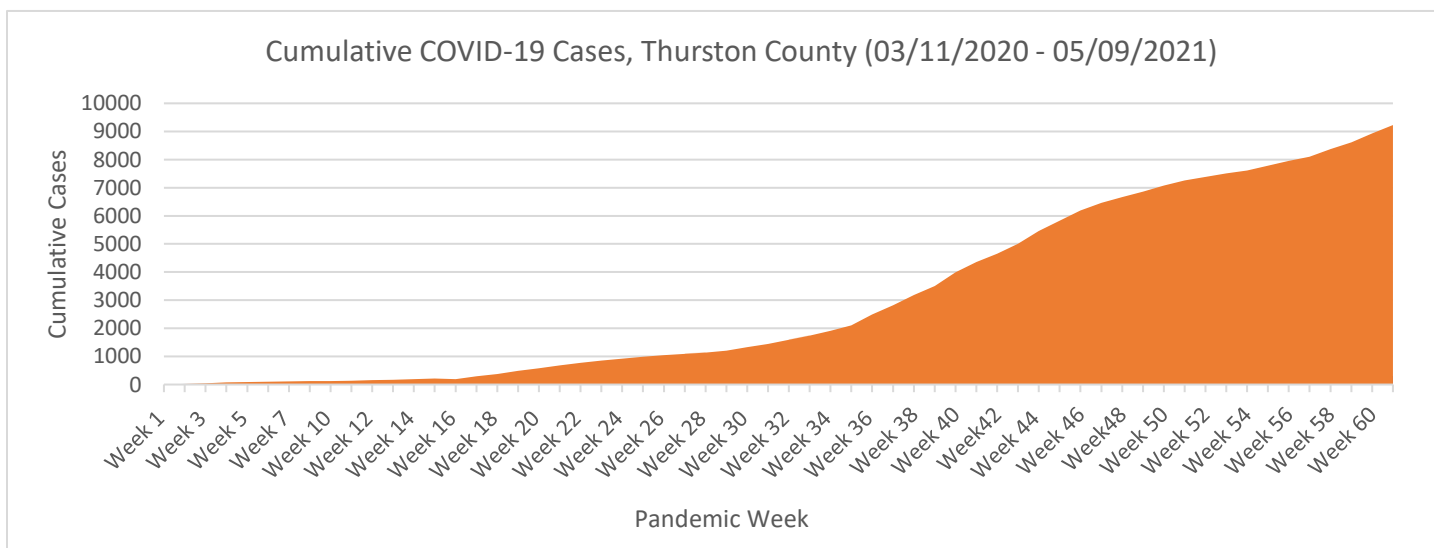
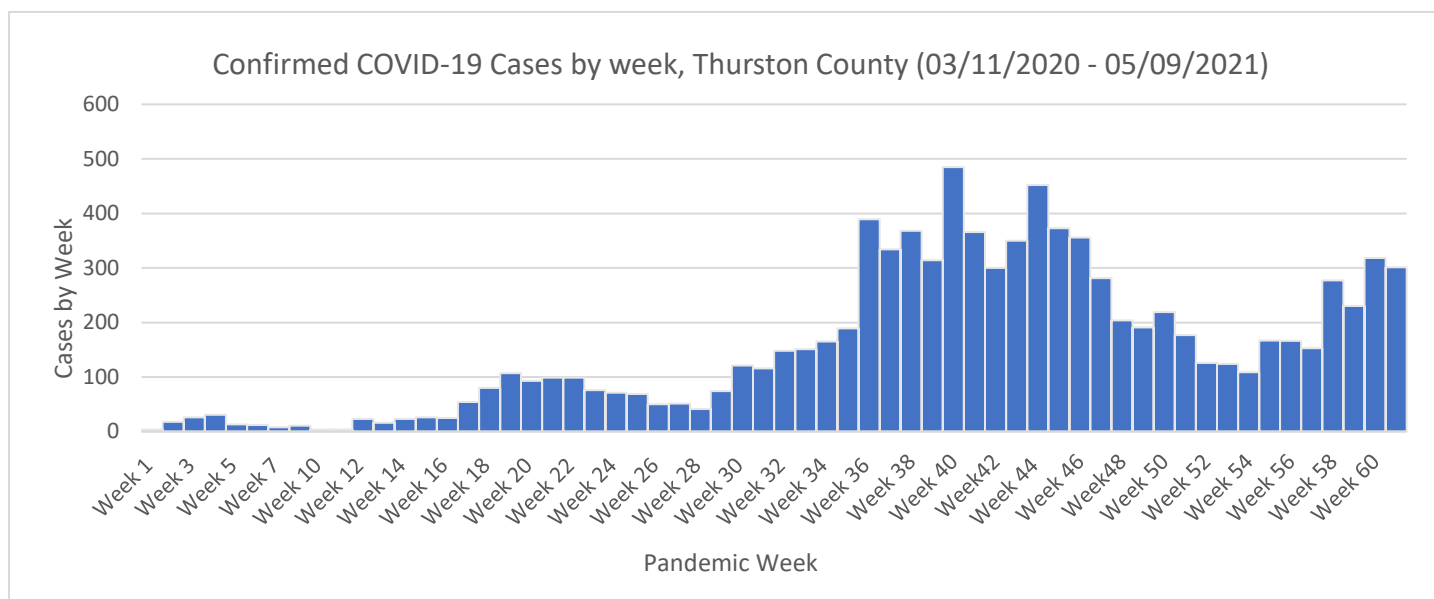
	Description	Past 7 Days	Total (cumulative)
Data current as of 05/06/2021	Seven-Day Percentage of Positive COVID-19 Tests (Date range: 04/13/2021 – 04/19/2021)	6.8%	N/A
Data current as of 05/07/2021	Total number of COVID-19 Tests (Date range: 03/11/2020 - 05/07/2021)	N/A	173,421
Data current as of 05/09/2021	Diagnosed with COVID-19 (confirmed/positive test)	301 residents	9,228 residents
	Hospitalized (Ever)	7	546
	Deaths	6 residents	86 residents
	COVID-19 Facility Outbreaks	0	3 ongoing (55 total)

Weekly

- The highest number of confirmed cases in a single week, occurred week 40 with 485 residents diagnosed with COVID-19.
- The current Thurston County 14-day total for newly diagnosed COVID-19 cases is 619, which combines Weeks 60 and 61.

Week (Monday-Sunday)	Total Diagnosed in Week	Running Total (cumulative)
Week 60 (04/26/2021 – 05/02/2021)	318	8,927
Week 61 (05/03/2021 – 05/09/2021)	301	9,228

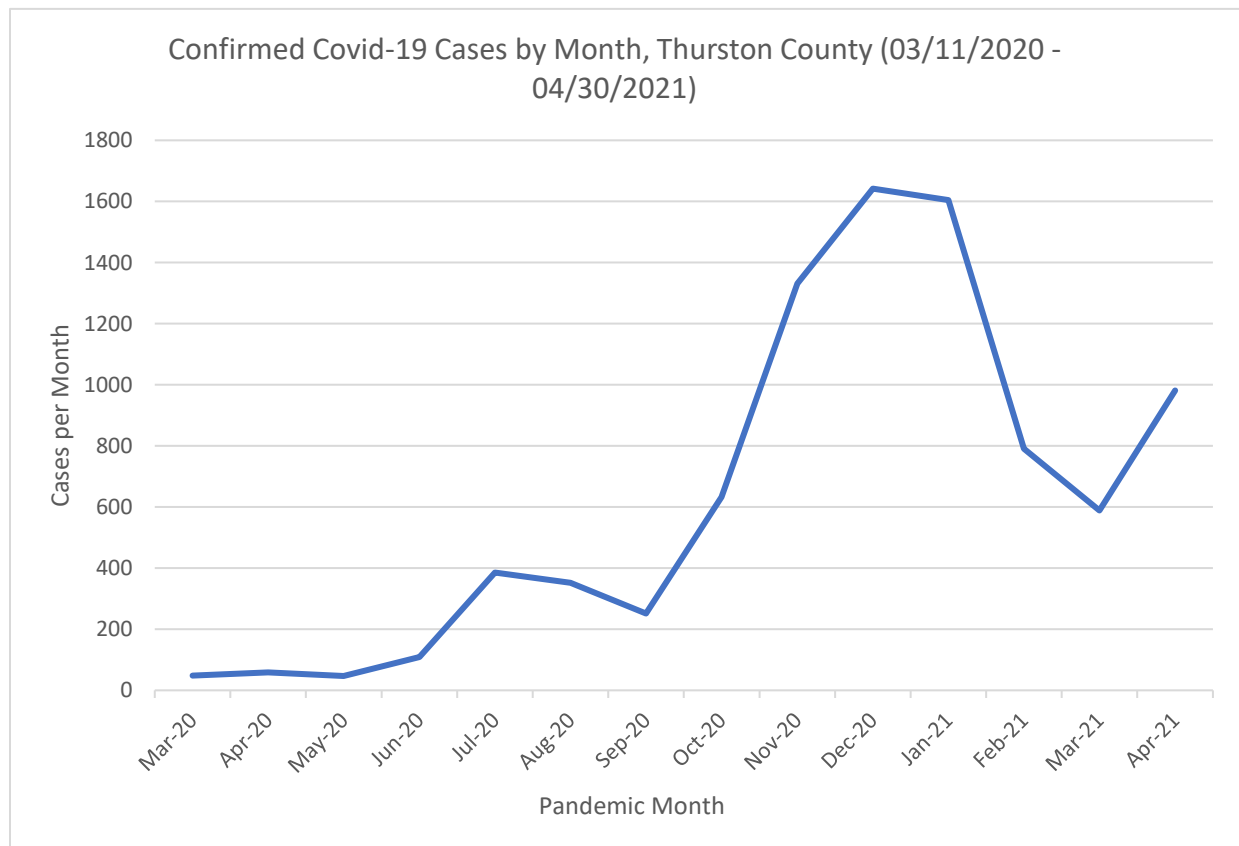
- The first graph below depicts confirmed cases per week since the first case was recorded in Thurston County on 03/11/2020 and is current to 05/09/2021.
- The second graph shows the running total or cumulative cases in the county current to 05/09/2021.



Monthly

- The highest number of confirmed cases in a single month, occurred in December with 1,645 residents diagnosed with COVID-19 and counting.

Month	Total Diagnosed in Month	Running Total (cumulative)
March 2020	48	48
April 2020	59	107
May 2020	47	154
June 2020	109	263
July 2020	386	649
August 2020	352	1,001
September 2020	251	1,252
October 2020	633	1,885
November 2020	1,331	3,216
December 2020	1,645	4,861
January 2021	1,605	6,466
February 2021	791	7,257
March 2021	589	7,846
April 2021	981	8,827



Outbreaks

The following summary provides details about COVID-19 outbreaks in congregate care setting in Thurston County. Outbreaks can involve county residents and individuals who are not from Thurston County.

- As of 05/09/21, there are:
 - 3 COVID-19 congregate care outbreaks currently under investigation in Thurston County:
 - 1 in adult family home
 - 1 in nursing home
 - 1 in supported living
 - 55 total COVID-19 facility outbreaks have occurred in Thurston County since March 2020

Facility Name	Cases in Staff	Cases in Residents	Total Cases	Deaths
Nursing Home (8)	6	23	29	0
Supported Living (10)	2	1	3	0
Adult Family Home (12)	2	4	6	1
	10	28	38	1

Geography

The majority of Thurston County residents live in unincorporated areas of the county, meaning they live outside of city or town limits. Zip codes provide a way to view county data by a geography that includes both cities/towns and unincorporated areas.

- The Thurston County Public Health and Social Services Department does consider the county to be experiencing community spread. Community spread means we are seeing some county residents diagnosed with COVID-19 and cannot identify how or where they became infected with the illness.
- Residents from across Thurston County have been diagnosed with COVID-19.
 - The zip codes that have seen an increase in number of confirmed cases since last week are:
 - 98501
 - 98502
 - 98503
 - 98506
 - 98512
 - 98513
 - 98516
 - 98531
 - 98576
 - 98579
 - 98589
 - 98597

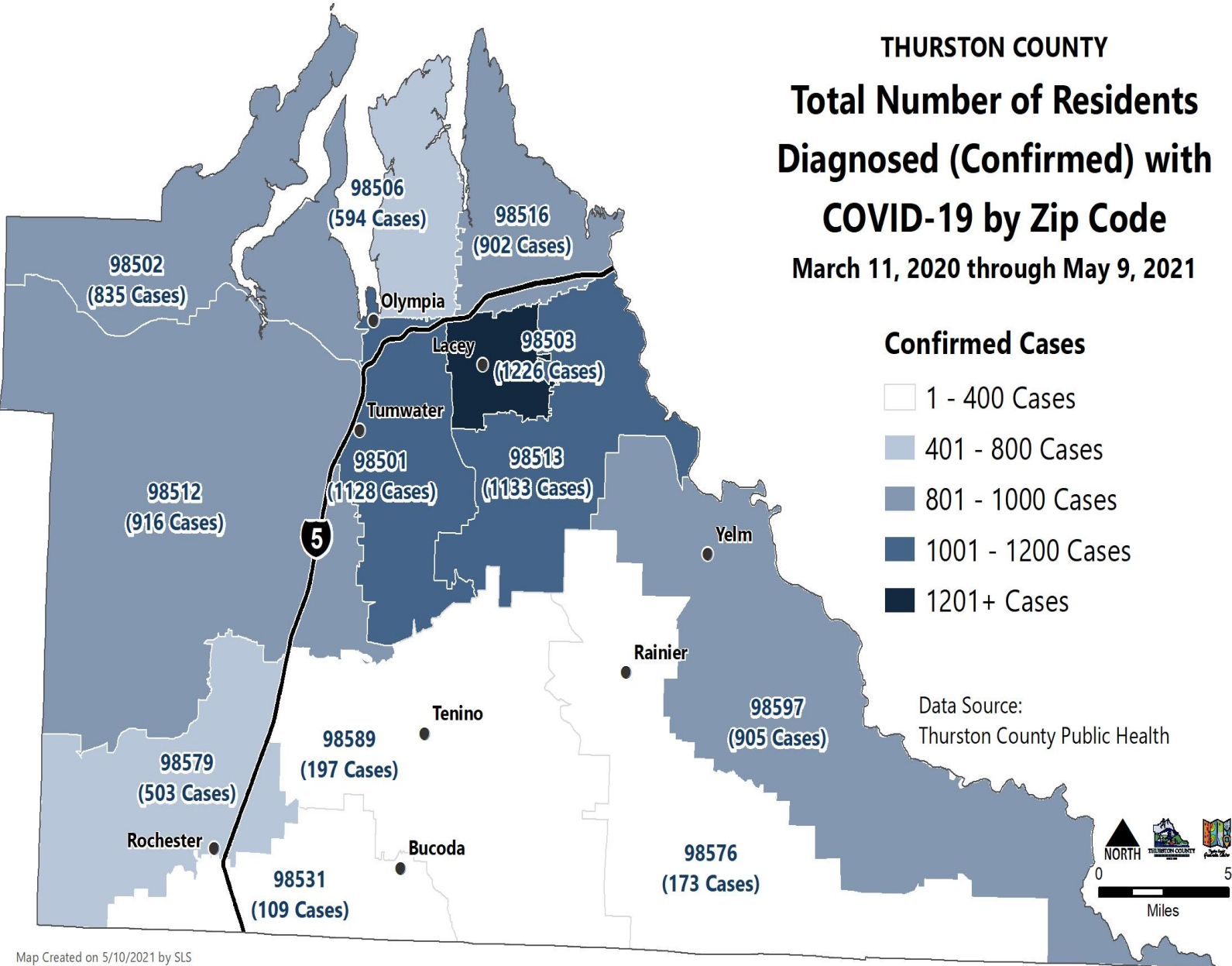
THURSTON COUNTY **Total Number of Residents Diagnosed (Confirmed) with COVID-19 by Zip Code**

March 11, 2020 through May 9, 2021

Confirmed Cases

- 1 - 400 Cases
- 401 - 800 Cases
- 801 - 1000 Cases
- 1001 - 1200 Cases
- 1201+ Cases

Data Source:
Thurston County Public Health



Map Created on 5/10/2021 by SLS

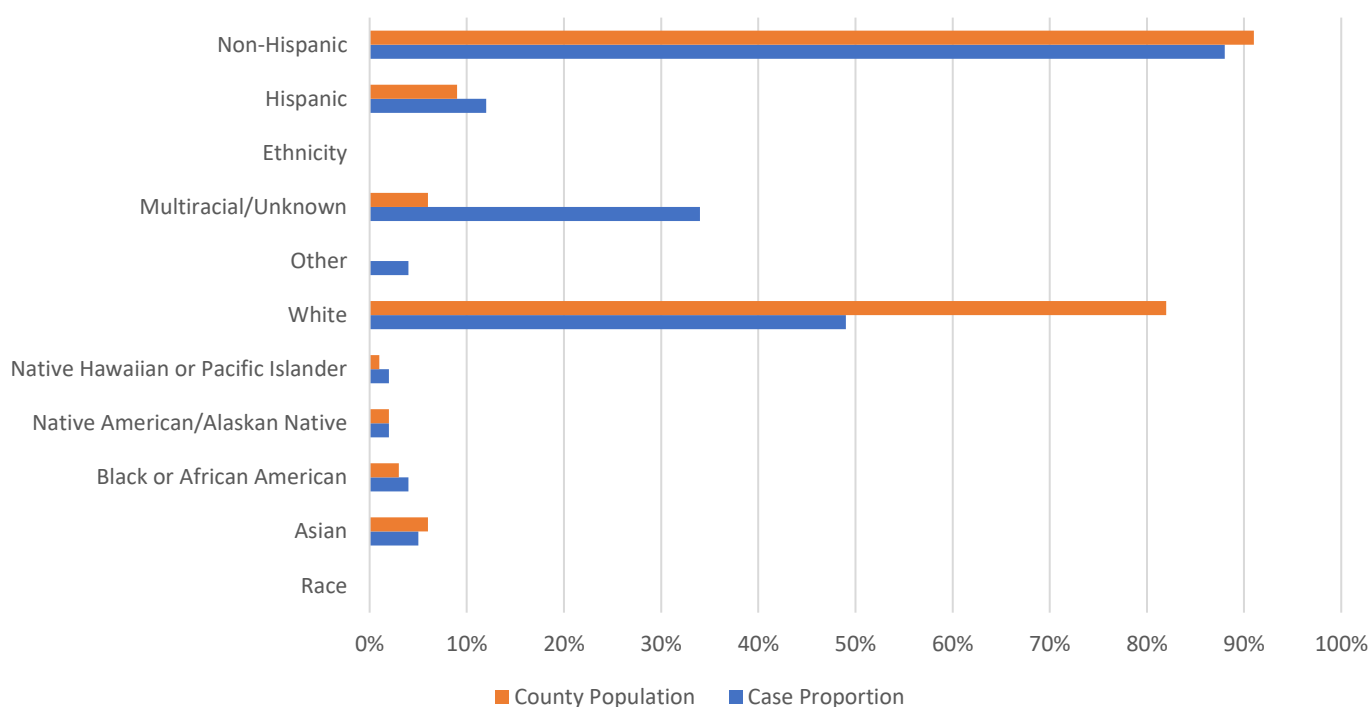
Race and Ethnicity

The main purpose of collecting data from individuals diagnosed with COVID-19 is to conduct a disease investigation that prevents further spread of the illness. Local disease investigations focus on identifying how an individual was exposed to COVID-19 and who they came into close contact with after being infected with COVID-19. Data on race and ethnicity are not connected to the spread of COVID-19 and may not be collected in every case.

- Thurston County residents who identify as Black or African American, Native Hawaiian or Pacific Islander and Hispanic are over-represented as a percent of COVID-19 confirmed cases when compared to the county's total population.

Thurston County As of 5/09/2021	Percent of Residents Diagnosed with COVID-19	Percent of Total County Population
Race		
Asian	5%	6%
Black or African American	4%	3%
Native American/Alaskan Native	2%	2%
Native Hawaiian or Pacific Islander	2%	1%
White	49%	82%
Other	4%	Not available
Multiracial/Unknown	34%	6%
Ethnicity		
Hispanic	12%	9%
Non-Hispanic	88%	91%

Race & Ethnicity Case Proportion Compared to Population Race & Ethnicity Proportion, Thurston County (03/11/2020 - 05/09/2021)



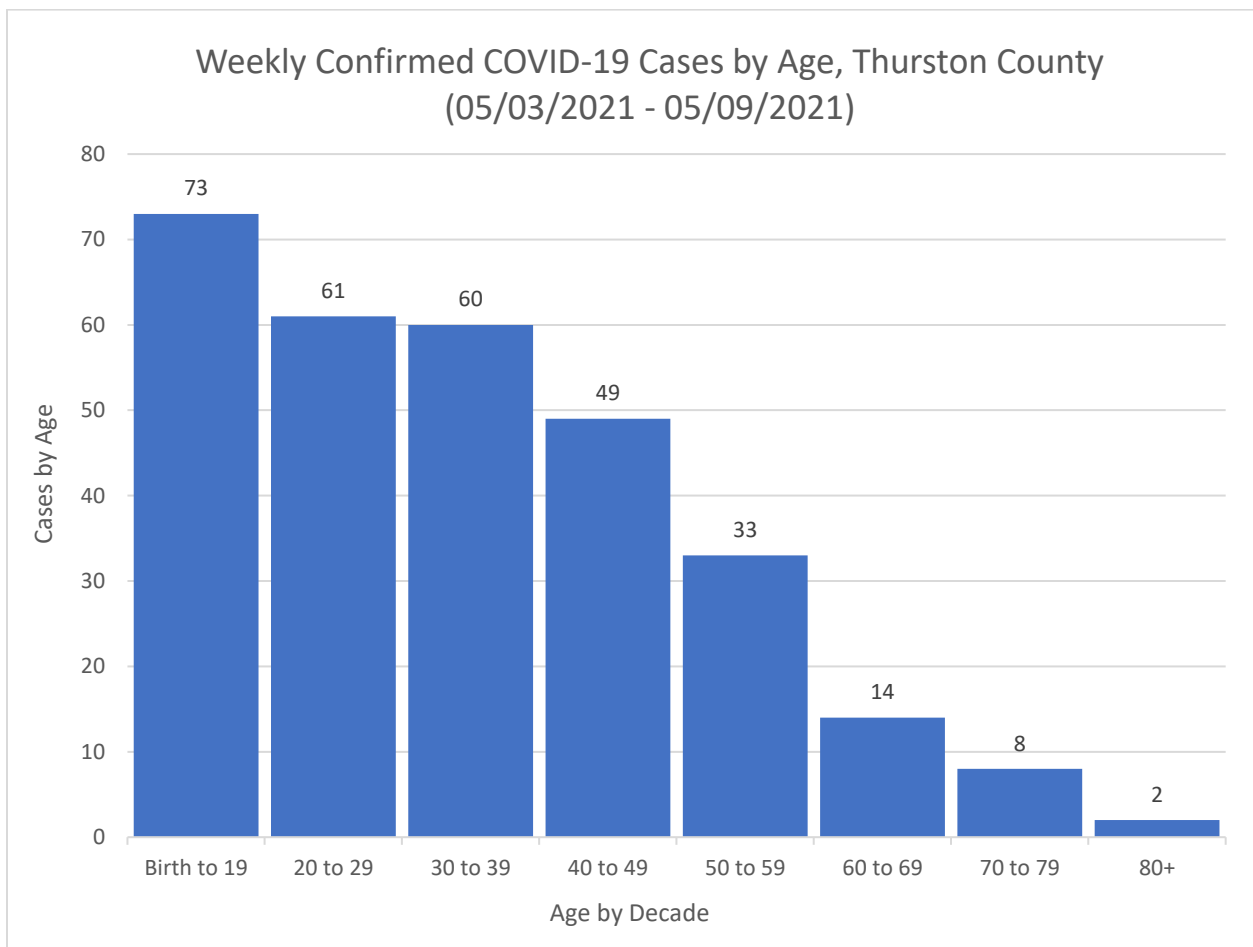
Age Weekly

The weekly age of Thurston County residents diagnosed with COVID-19 has shifted toward younger age groups.

5/03/21 to 5/09/21	Weekly Confirmed Cases by Age Group	
Birth to 19	24%	73 cases
20-29	20%	61 cases
30-39	20%	60 cases
40-49	16%	49 cases
50-59	11%	33 cases
60-69	5%	14 cases
70-79	3%	8 cases
80 and Older	1%	2 cases
Unknown	0%	1 case

Unknown: Information unavailable at time of report.

Note: Percent may not add to total due to rounding.



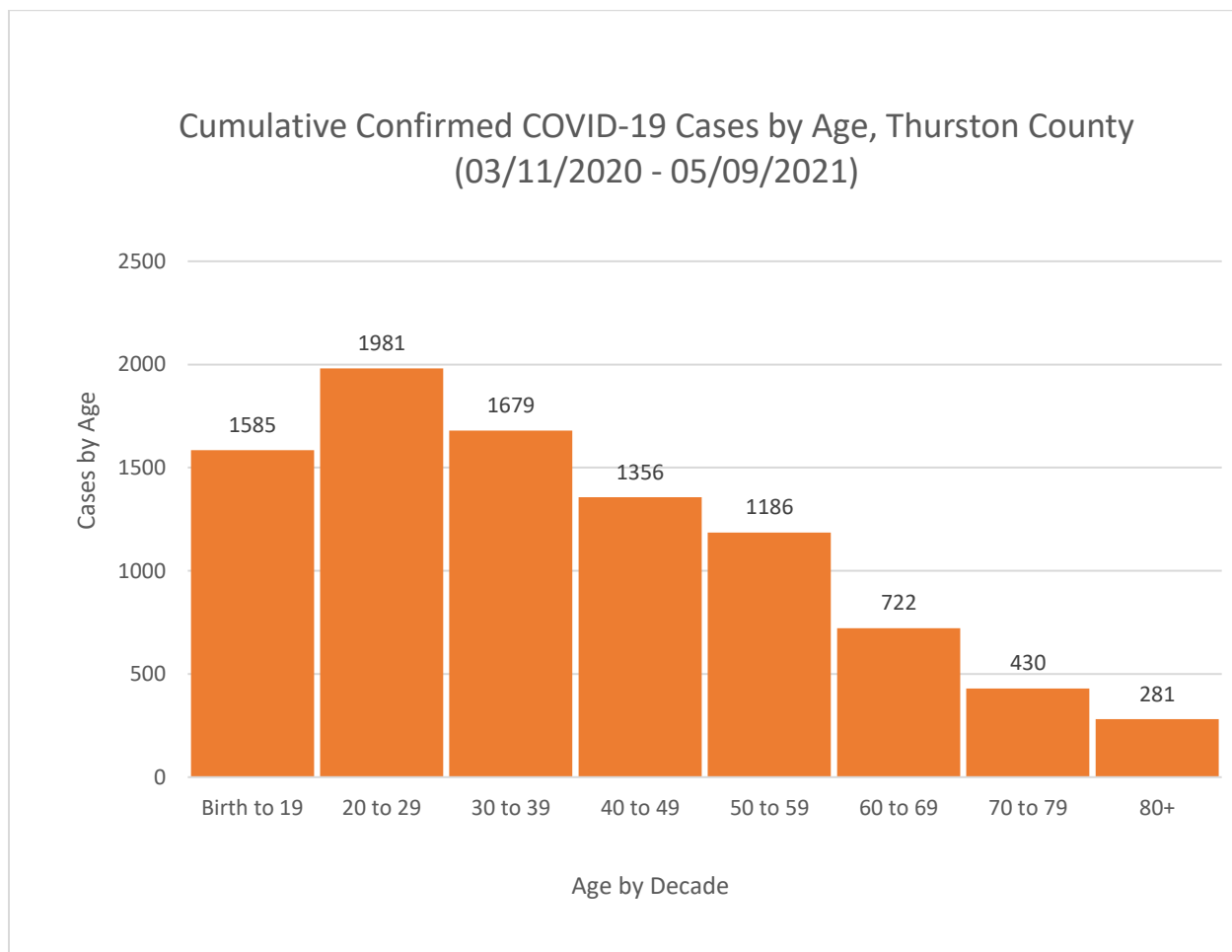
Age Cumulative

The cumulative age of Thurston County residents diagnosed with COVID-19 has shifted toward younger age groups.

As of 5/9/21	Total Confirmed Cases by Age Group	
Birth to 19	17%	1585 cases
20-29	21%	1981 cases
30-39	18%	1679 cases
40-49	15%	1356 cases
50-59	13%	1186 cases
60-69	8%	722 cases
70-79	5%	430 cases
80 and Older	3%	281 cases
Unknown	0%	8 cases

Unknown: Information unavailable at time of report.

Note: Percent may not add to total due to rounding.



Data Sources

- Laboratory test data are from the Washington State Department of Health (DOH) [2019 Novel Coronavirus Outbreak \(COVID-19\)](#) website and the [Washington State Coronavirus Response \(COVID-19\) Risk Assessment Dashboard](#) website.
- Diagnosed (Confirmed) with COVID-19 Cases, Hospitalizations, Deaths, Underlying Condition, Facility Outbreaks, Age, Race and Ethnicity data are from the Thurston County Public Health and Social Services Department, Division of Disease Control and Prevention.
- County population data are 2019 estimates for residents of all ages from the Washington State Office of Financial Management.

Definitions

- Resident:
 - An individual is counted as a resident if they live within the geographic boundaries of Thurston County. People whose permanent residence or address of record is located in Thurston County would be included.
- Diagnosed with COVID-19 (Confirmed):
 - An individual is counted as diagnosed with COVID-19, also called a confirmed case, if they had a laboratory (viral) test for COVID-19 and the test was positive for the illness.
- Recovered/Recovering:
 - An individual diagnosed with COVID-19 is counted as recovered, if they are not hospitalized, and have been released from public health isolation. Individuals who recover from the symptoms of COVID-19 may have ongoing health problems or health problems in the future as a result of the illness.
- Hospitalized:
 - An individual is counted as hospitalized if they were hospitalized at any time starting from the day diagnosed with COVID-19 to the day they were released from public health isolation. Individuals who die due to COVID-19 are included in the count, if they were hospitalized while being monitored by Public Health.
- Deaths:
 - An individual is counted as a COVID-19 death if they were diagnosed with COVID-19 and died due to health complications related to the illness.
- Underlying Condition:
 - An individual is counted as having an underlying condition if, at the time of public health monitoring, a condition was identified through self-report by the individual, interviews, health care providers or medical records. Examples of underlying conditions of concern for COVID-19 are heart disease, diabetes, chronic lung disease, asthma, chronic liver disease and cancer.
- Congregate Care Setting:
 - Includes licensed facilities, such as nursing homes, assisted living, adult family homes, childcare centers, schools, homeless shelters, jail, detention and other similar group care or placement settings.
- Public Health Isolation:
 - Isolation means an individual was ill and required to separate themselves from other people to prevent the possible spread of COVID-19 by order of the Thurston County Health Officer. Upon release from isolation, Public Health provides guidance on the current public health actions that should be followed for all residents (e.g. staying home, physical distancing when away from home, handwashing). Public health isolation can last 14 or more days and includes special requirements for health care workers/first responders.

- Outbreak:
 - An outbreak in long-term care facility is defined as:
 - Greater than or equal to 1 long-term care facilities and agencies-acquired COVID-19 infection in a resident, OR
 - Greater than or equal to 2 COVID-19 infections in health care workers who were on-site in the long-term care facility or agency at any time during their infectious period OR during their exposure period and has no other known or more likely exposure source.
 - An outbreak in a non-health care facility is defined as:
 - Two or more confirmed or probable COVID-19 cases with at least one case classified as confirmed, AND
 - At least two of the cases have symptom onset dates within 14 days of each other, AND
 - Plausible epidemiological evidence of transmission in a shared location other than a household is observed.
 - Race:
 - Race means the racial group or groups an individual says best describe them. Officially recognized racial groups include Asian, Black/African American, Native American (American Indian/Alaska Native), Native Hawaiian or other Pacific Islander and White.
 - If an individual identifies as being of two or more racial groups, they are included in the Multiracial group.
 - Individuals can choose Other as a racial group.
 - Ethnicity:
 - Hispanic is defined as an ethnicity and refers to an individual's culture or origin. An individual is described as either Hispanic or Non-Hispanic and can be of any race.
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Contact Information

For additional data or more information about COVID-19 contact:

Thurston County Public Health and Social Services Department

- Phone: 360-867-2500
- WA Relay: 711 or 800-833-6338
- COVID-19 Website: <http://bit.ly/ThurstonCOVID-19>